

NOVA Centurion

Last Chance National Qualifier



Licensed Meet Number 2EM262094

21st and 22nd November 2026

The Swim England National Winter Championships are the premier English competition of the winter season, providing a vital opportunity for swimmers to perform at the highest level.

The meet is designed to give athletes the best possible chance to secure qualification times for the Swim England Winter Championships 2026.

Taking place on the final weekend of the 2026 qualifying window, the event is perfectly positioned to give swimmers an advantage as they aim to meet key consideration standards.

This open meet will be hosted at the outstanding Harvey Hadden Sports Village, featuring an 8-lane, championship-standard pool widely regarded as one of the fastest in the region, an 8 lane, 25m continuous swim down pool will also be available throughout the weekend.

Key Information

Date	21 to 22 November 2026
Venue	Harvey Hadden Sports Village Nottingham NG8 4PB
Events	Freestyle – 50m 100m 200m 400m 800m 1500m Backstroke - 50m 100m 200m Breaststroke - 50m 100m 200m Butterfly - 50m 100m 200m Individual Medley 200m 400m
Age Groups	Swimmer's age is at 22nd November 2026 Open/Male & Female 9~10~11~12~13~14 ~15~16 & over
Awards	Medals for top 3 placed swimmers in age groups
Closing Date	Monday, 9 th November 2026 at 23:59pm
Contact Info	meets@novacenturion.co.uk

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Meet Information

- The meet is to be held at the Harvey Hadden Sports Village, Nottingham NG8 4PB
- The pool is 25mtrs x 8 lanes each 2.5mtrs wide with Colorado Gen7 Electronic Timing and Track Start starting blocks. The depth will be a constant 2m throughout.
- The meet is licensed Level 2
- The meet will operate a SportSystems results service. Start Lists and results will be available at <https://www.swimmingmeetresults.co.uk/NOVA/> Result sheets in PDF format will be available to download as soon as possible following the end of each session.
- **NO POOLSIDE ENTRIES WILL BE ACCEPTED.** Late entries may be accepted by the promoter only in exceptional circumstances.
- Coaches / Team Manager passes for the day are £20 or £30 for the weekend (to include start sheets & lunch only). **These must be applied for in advance** and will only be issued to individuals if they also hold a current Swim England Free Accreditations for DBS, Safeguarding and Qualification Check that covers the dates of this meet. **Passes CANNOT be purchased on the day**, if any coach/team manager is not wearing their pass AND Accreditation they will be asked to leave poolside.
- Para-Swimmers, in addition to a coach a personal care assistant (chaperone) may be permitted for classes
 - S1 to S5 & S11. A poolside pass must be applied for in advance and is free of charge, the applicant must also hold a current Swim England Free Accreditations for DBS, Safeguarding and Qualification Check that covers the dates of this meet.
- Only authorised persons are allowed on the poolside and must display a valid pass and accreditation at all times.
- If leaving the poolside for any reason swimmers must dress appropriately and suitable footwear must be worn.
- The entry and exit is via the changing rooms only. No other access points should be used by the swimmers before, during or after the meet.
- The single poolside door to reception should **ONLY** be used by coaches/team managers, officials, meet staff and centre staff during the competition.
- There will be a planned warm up before each session.
- The South Pool will also be available during the competition sessions as a warmup/swim down facility. This is to be marshalled by your club coaches. If noise levels become too high, or if the facility is abused in any way, then the facility will be withdrawn and closed for all.
- All swimmers and other personnel must abide by the Health & Safety rules as laid down by the venue management. Any person contravening these rules may be excluded from taking any further part in the proceedings.
- If cancellation of the event is necessary, then the only claim will be the entry fees paid.

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Meet Conditions

- The promoter is NOVA Centurion.
- The meet will be held under the relevant Swim England Regulations & Technical Rules and WPS Rules & Regulations.
- The competition is open to Swim England or other National Swimming Association registered swimmers only.
- A secondary strobe will be provided where it is requested by the athlete at the time of entry. Requests can be made via meets@novacenturion.co.uk. If we are not notified on entry submission, this may not be available on the day.
- Swimmers are reminded that changing must not be carried out on poolside or within public areas such as the sports hall or café.
- Verbal abuse directed at the promoter, officials, and any volunteer acting under the direction of the promoter will not be tolerated. The promoter reserves the right to ask any person or persons behaving in this manner to leave any areas managed by the promoter for the remainder of the competition.
- All heats will be spearheaded, and all events will be heat declared winners.
- Over the top/side by side starts may be used at any time at the discretion of the lead referee.
- It is the swimmers' responsibility to report to the Competitors' Stewards when their event is called.
- All other matters not mentioned in this document regarding the administration and running of this meet shall be decided by the promoter.

Events and Age Groups

- Events are 50m, 100m and 200m all 4 strokes, 200m and 400m IM, and 400m, 800m and 1500m Freestyle.
- Age groups: 9, 10, 11, 12, 13, 14, 15, 16 and over.
- All events are heat declared winners.
- Awards will be presented to the top 3 placed swimmers in each age group.

Distance events – 800m & 1500m freestyle

- The mixed 800m will be restricted to 5 heats. The 1500m will be restricted to 3 heats. Both events will operate a reserve list and are open to 11-year-olds and over only.
- A reserve list will only operate for these events.
- The promoter reserves the right to allow for additional heats should time restrictions allow.

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- At least 15 of the accepted entries for the 800m will be juniors 14/under and at least 25 will be seniors 15/over.
- At least 8 of the accepted entries for the 1500m will be juniors 14/under and at least 16 will be seniors 15/over.
- Where entries permit, there will be an equal split between female and open/male categories.
- Reserves for the 800m and 1500m will be contacted in time order. If you are on the reserve list, we will be in touch before the competition for specific contact details.
- Application for time trial swims will be considered if space is available after entries have closed. Time Trials invitations are at the Promoters discretion.

Entries

- All meet information can be downloaded via the website <https://novacenturion.co.uk/open-meets/>
- **Swimmer's age is at 22nd November 2026.**
- The Female category is for birth sex females in accordance with Swim England's Transgender and NonBinary Competition Policy. By entering the 'Female' category, a swimmer confirms that their birth sex is female.
- The closing date is **Monday, 9th November 2026** after which entries will be processed.
- If the meet is oversubscribed when the entries close, we will work through the entries applying a percentage reduction to qualifying times across all age groups and any rejections will be notified as soon as possible.
- The promoter retains ultimate discretion and authority over the management of the reserve list.
- If events are under-subscribed acceptance of additional entries will be at the Promoters discretion. These will be offered after the competition's closing date for entry. However, these competitors must still enter within the stated qualification times and will be accepted based on the fastest entries first rule, by age group.
- The preferred method of entry is using **SPORTSYSTEMS Entry Manager**.
- Where several swimmers are entering from one club it is requested that one person coordinate the entries and submits one entry file, but individual entries will be accepted.
- Entry Times will only be taken from the national rankings database, and no estimated times will be accepted. For "non-SportSystem manual" entries, times will be taken from rankings at the point of entry.
- Entry times **will not be changed** once the entry has been submitted
- All Entries **MUST** be submitted by email to the meet administrator listed above. Upon the close of entries and an accepted entry list is published, the BACS details will be returned to you for payment of your entries.

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- The entry fee for events 50m/100m/200m & 400m is **£9.00 per swim** using Entry Manager or **£10 per swim for a manual entry**. The **800m & 1500m Freestyle is £12.00** per swim using Entry Manager or **£13.00 per swim for a manual entry**.
 - Notification of accepted entries shall be via a list on the website. Any amendments must be notified no later than 1 week after the cutoff date for entries for the meet.
 - Refunds will not be given for withdrawn swimmers or for entry errors or omissions attributable to the individual or their club.
 - As many heats as possible will be run within the time available for the meet. The Promoter reserves the right to adapt or change the number of heats in each event depending on entry numbers. Refunds will be made for rejected entries only.
 - The promoter reserves the right to return any entry not fulfilling the above requirements.
 - By submitting entries, you give consent as required by the Data Protection Act of 1984, to the holding of personal information on a computer.
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Withdrawals

- If a swimmer is unable to swim or simply wishes to withdraw then it is important to notify the recorders.
 - Known withdrawals prior to the meet should be notified immediately by email to: **meets@novacenturion.co.uk no later than 6pm Friday, 20th November for events on the Saturday and no later than 6pm Saturday, 21st November for events on the Sunday**. Start sheets will then be produced and be viewable via the website as soon after this time as possible.
 - “On the Day” withdrawals must be notified to the stewards, but start lists will not be re-published, except due to an error made by our technical team.
 - A non-withdrawal from the 800/1500m events may result in a £20 fine, NOVA Centurion will notify the club of the non-withdrawal swimmer with details on how to pay.
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Officials and Volunteers

- We would not be able to run meets without the help of our amazing volunteers and officials.
 - We do ask as part of our conditions that if you are sending 10 or more swimmers to our meet to please provide at least 2 officials for each session.
 - To sign up to officiate: <https://www.swim-meet.com/OfficialsSignup/NovaCenturion/>
 - Officials’ Expense Policy: Mileage is reimbursed at 45p per mile, or 20p per mile if accompanying a competing swimmer, to a maximum of £50.
 - Lunch and refreshments will be provided, and any additional expenses may be considered at the discretion of the meet promoter.
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Coaches & TM Passes

- All competing clubs and individual entrants must ensure swimmers are supervised in line with Swim England supervision ratios, including a Level 2 coach and a Team Manager. If this is not possible (for example, individual entrants), please arrange to buddy up with another competing club. Any swimmer under 18 who will not have a chaperone at the meet must inform the promoter prior to entering.
 - Passes must be ordered when entries are submitted and will be invoiced along with the total cost for your clubs' entries.
 - Both the individual meet accreditation and the poolside pass must be displayed while on poolside. Poolside passes will only be issued to those personnel displaying a valid accreditation and must be collected from the team on the medals desk.
 - Only those accredited personnel showing a valid pass and accreditation will be allowed onto the poolside along with swimmers and event volunteers.
 - **Download the free accreditation https://www.swimmingresults.org/member_options** Passes will only be issued to the maximum number of passes ordered by each club.
 - Clubs are required to cover within their individual risk assessments the required number of Coaches, Team Managers and Chaperones along with genders of these for their team for each session, as per the ratio guidance set out by Swim England.
 - Coaches and swimmers are responsible for keeping the poolside tidy, ensuring all litter is put in the bins/rubbish bags around the centre and not left on poolside.
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Photography

- The use of mobile phones and the taking of photographs are not permitted in the changing village. **Anyone** found taking photographs in the changing village or adjacent areas will be immediately excluded from the competition and escorted off the premises.
- Mobile phones may be used on poolside, however photography is only permissible by those holding poolside accreditation. **Anyone without accreditation** found taking photographs on the pool deck will be immediately excluded from the competition and escorted off the premises.
- Parents wanting to video their swimmer for exam purposes should speak to the promoter before the start of each session.
- Photography is permitted from the spectator gallery.

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Session 1 – Saturday 21 November – Start 9:00am			
101	Female	100m	Backstroke
102	Open/Male	400m	Individual Medley
103	Female	200m	Freestyle
104	Open/Male	100m	Breaststroke
105	Female	50m	Breaststroke
105	Open/Male	50m	Freestyle
106	Female	100m	Butterfly
107	Mixed	1500m	Freestyle
Session 2 – Saturday 21 November Start – TBA			
201	Female	200m	Breaststroke
202	Open/Male	100m	Freestyle
203	Female	200m	Individual Medley
204	Open/Male	200m	Backstroke
205	Female	400m	Freestyle
206	Open/Male	50m	Backstroke
207	Female	50m	Butterfly
208	Open/Male	200m	Butterfly

Session 3 – Sunday 22 November – Start 9:00am			
301	Open/Male	100m	Backstroke
302	Female	400m	Individual Medley
303	Open/Male	200m	Freestyle
304	Female	100m	Breaststroke
305	Open/Male	50m	Breaststroke
306	Female	50m	Freestyle
307	Open/Male	100m	Butterfly
308	Mixed	800m	Freestyle
Session 4 – Sunday 22 November Start – TBA			
401	Open/Male	200m	Breaststroke
402	Female	100m	Freestyle
403	Open/Male	200m	Individual Medley
404	Female	200m	Backstroke
405	Open/Male	400m	Freestyle
406	Female	50m	Back
407	Open/Male	50m	Butterfly
408	Female	200m	Butterfly

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Short Course Qualifying Times – Open/Male Long Course conversion accepted

Minimum Times to be achieved from 1st Oct 2024 at a Level 1-4 Competition

Age as at 22nd November 2026.

EVENT / Open/Male	10/11	12	13	14	15	16 +
50m Freestyle	37.0	34.9	33.0	31.3	29.7	28.7
100m Freestyle	1:17.8	1:13.7	1:08.8	1:06.9	1:04.4	1:02.6
200m Freestyle	2:49.3	2:39.8	2:31.6	2:24.6	2:19.7	2:15.3
400m Freestyle	5:53.0	5:35.1	5:20.8	5:06.0	4:55.6	4:47.5
800m Freestyle	10:36.00				9:56:00	
1500m Freestyle	19:50:00				19:00.00	
50m Breaststroke	47.2	44.6	41.8	39.7	37.8	36.8
100m Breaststroke	1:40.5	1:33.7	1:27.8	1:23.6	1:20.4	1:17.9
200m Breaststroke	3:38.1	3:24.2	3:10.5	3:00.5	2:53.4	2:50.6
50m Butterfly	39.8	37.1	34.9	33.0	31.2	30.4
100m Butterfly	1:27.7	1:21.5	1:16.8	1:12.8	1:09.8	1:07.8
200m Butterfly	3:11.5	2:58.9	2:48.9	2:39.9	2:33.4	2:30.4
50m Backstroke	42.2	39.5	38.2	36.1	34.5	33.5
100m Backstroke	1:28.8	1:23.1	1:19.2	1:15.0	1:12.2	1:10.3
200m Backstroke	3:11.0	2:59.7	2:49.3	2:41.3	2:35.0	2:30.4
200m Individual Medley	3:10.3	2:58.8	2:48.7	2:40.8	2:34.4	2:29.9
400m Individual Medley	6:42.8	6:18.7	5:58.4	5:41.3	5:28.2	5:19.6

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Short Course Qualifying Times – Female Long Course conversion accepted

Minimum Times to be achieved from 1st Oct 2024 at a Level 1-4 Competition

Age as at 22nd November 2026

EVENT / Female	10/11	12	13	14	15	16 +
50m Freestyle	37.3	35.4	34.0	32.9	32.2	31.9
100m Freestyle	1:18.3	1:15.2	1:12.7	1:10.7	1:09.6	1:08.8
200m Freestyle	2:49.3	2:41.5	2:35.2	2:31.1	2:28.1	2:26.5
400m Freestyle	5:53.4	5:35.8	5:25.3	5:17.0	5:10.8	5:07.2
800m Freestyle	10:52:00				10:15.00	
1500m Freestyle	21:45:00				20:00.00	
50m Breaststroke	46.8	45.0	43.1	41.5	40.6	40.1
100m Breaststroke	1:40.6	1:34.2	1:29.8	1:27.5	1:26.5	1:25.1
200m Breaststroke	3:35.6	3:23.9	3:13.5	3:07.5	3:04.7	3:04.8
50m Butterfly	39.7	37.6	35.7	34.7	33.8	33.2
100m Butterfly	1:27.9	1:22.6	1:19.1	1:17.2	1:15.5	1:14.8
200m Butterfly	3:11.6	3:00.7	2:52.5	2:47.0	2:44.7	2:42.3
50m Backstroke	42.1	39.9	39.4	38.0	37.0	36.6
100m Backstroke	1:28.9	1:23.5	1:21.7	1:19.6	1:17.9	1:17.1
200m Backstroke	3:10.0	2:59.6	2:53.3	2:48.8	2:44.8	2:42.9
200m Individual Medley	3:10.3	2:59.3	2:52.8	2:48.3	2:44.9	2:42.9
400m Individual Medley	6:39.3	6:16.9	6:10.6	5:54.0	5:47.2	5:42.8

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Entry Form for Manual entries or Club use

Club:	
Given Name:	Family Name:
DOB:	OPEN/MALE OR FEMALE
SE Reg No:	Email:
Contact Name:	Phone:

EVENT	TICK TO ENTER (Times will be taken from the national rankings at the point of entry)	EVENT	TICK TO ENTER (Times will be taken from the national rankings at the point of entry)
50m Freestyle		50m Backstroke	
100m Freestyle		100m Backstroke	
200m Freestyle		200m Backstroke	
400m Freestyle		50m Breaststroke	
800m Freestyle		100m Breaststroke	
1500m Freestyle		200m Breaststroke	
200m Individual Medley		50m Butterfly	
400m Individual Medley		100m Butterfly	
		200m Butterfly	

Number of entries @ £10.00	Number of entries @ £13.00
Number of Poolside Passes	Number of Poolside Passes
One Day @ £20.00	All Weekend @ £30.00
TOTAL number of entries	
TOTAL amount to pay	£

CLOSING DATE – MONDAY 9 NOVEMBER 2026

Please return to: meets@novacenturion.co.uk